



Lake Como - Switzerland - Tuscany - Venice - Capri - Rome

# Italy Volleyball Tour



(24<sup>th</sup> July - 05<sup>th</sup> August 2009)



Como Lake



Volleyball Matches



Florence



Rome



Venice



Switzerland



Sorrento



**Dream Team Italy - Sports Tour Operator**

Via Brianza 6 - 22030 - Montorfano - Como - Italy

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# Italy Volleyball Tour

24<sup>th</sup> July – 05<sup>th</sup> August 2009  
11 nights / 13 days

## DAY 1 – Friday, 24<sup>th</sup> July 2009 Departure from US

Departure from US International airport. Dinner / overnight on the plane.

## DAY 2 – Saturday, 25<sup>th</sup> July 2009 Arrival in Italy / Como Lake / Acclimate

Arrival in Milan International airport by flight 576 British airways at 2.15 pm from London Heathrow and **meeting with your bilingual escort** Mrs. .... who will take care of all your needs during your tour in Italy. You'll find your assistant out of your exit gate at the airport with a big sign "Eclipse Volleyball Club" in her hands. Then transfer to **Como** to your hotel ..... Check-in at the hotel, time at leisure and to relax. Afternoon at pleasure. Dinner and overnight at your hotel.



**Como:** a wonderful and exclusive place is waiting for you. Not far from Milan, near the Switzerland, there's Como, a town where everything is special. Famous for its lake, for its villas with florid parks and secular trees, for its famous "vip" guests, Como can offer you every kind of solution for your spare time. Cultural routes are ready. From old Romanesque churches to Rationalist architecture, Como is reach in proposals, and the nearly valleys are full of opportunities for mountain lovers, who through wild environments and unspoilt valleys can try out every kind of experience that this natural setting can offer.

## DAY 3 – Sunday, 26<sup>th</sup> July 2009 - Guided visit of Milan/ Friendly match in Como

After breakfast, transfer around 9.00 am to **Milan** downtown. Two hours of **guided visit** of Milan starting at 10.30 am. Lunch on your own and some free time to spend in the centre.



**Milan:** is the second largest city of Italy, located in the plains of Lombardy. It is the capital in the Province of Milan. The municipality (Comune di Milano) has a population of 1.3 million. The Milan metropolitan area, depending on the specific definition, has a population ranging from 2.9 to 7.4 million. The municipal border covers a relatively small area (about one-eighth that of Rome). Milan is renowned as one of the world capitals of design and fashion. The Lombard metropolis is famous for its fashion houses and shops (such as along via Montenapoleone) and the Galleria Vittorio Emanuele in the Piazza Duomo (reputed to be the world's oldest shopping mall). The city hosted the World Exposition in 1906 and will host the Universal Expo in 2015.

Around 3.00 pm return back to Como and transfer to a local sport centre to play your **1<sup>st</sup> friendly match** for both your girls team vs. local Italian volleyball girl teams.

At 5.00 pm **Eclipse Volleyball Club vs. Doria Portichetto.**



At the end of matches, socializing moment in an Italian pizzeria to stay together. Overnight at the hotel.

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**DAY 4 – Monday, 27<sup>th</sup> July 2009 -  
Boat trip Lake Como/ Switzerland / Shopping Mall**

After breakfast, transfer around 7.30 am to **Como Lake** to get your public boat trip at 9.10 am from Como to Bellagio to appreciate the amazing panorama and nice villas on Lake's shores. Arrival in Bellagio around 11.20, free time, lunch on your own and time at pleasure to spend in the city centre.



Return back to Como by boat at 2.30 pm from Bellagio. Arrival in Como around 3.30 pm and transfer to **Switzerland** and stop at the renowned shopping mall 'Fox Town' for an **afternoon of crazy shopping** among several international brands of its shops or possibility to reach the famous **Lugano Lake** to go shopping and explore the cute city centre on your own.

At the end, return back to your hotel, dinner and overnight.



**Lugano:** the largest town in the holiday region of Ticino, is not only Switzerland's third most important financial centre and a conference, banking and business centre, but also a town of parks and flowers, villas and sacred buildings. With Mediterranean flair, Lugano offers all

the advantages of a world-class city, combined with the cachet of a small town.

**DAY 5 – Tuesday, 28<sup>th</sup> July 2009 -  
Venice full day**

After breakfast, departure around 7.00 am to **Venice**, and meeting at the **Tronchetto** parking area, then boat transfer to St. Mark's Square at 11.00 am. Lunch on your own. After lunch, at 3.00 pm, **half day guided visit** of the city followed by time at leisure for shopping.

Around 6.00 pm, transfer back by boat to the Tronchetto area and transfer to the hotel in Venice area. Check-in at your hotel ....., dinner and overnight.



**Venezia:** it is a city in the northern Italy, the capital of the region Veneto. The city stretches across 118 small islands in the marshy Venetian Lagoon along the shoreline between the mouths of the Po (south) and the Piave (north) Rivers. The Venetian Republic was the major maritime power during the Middle Ages and Renaissance, and a staging area for the Crusades and the Battle of Lepanto, as well as a very important centre of commerce and art in the 13<sup>th</sup> century up to the end of the 17<sup>th</sup> century.

**DAY 6 – Wednesday, 29<sup>th</sup> July 2009 -  
Florence / Montecatini Terme**

Breakfast and departure to Florence around 9.00 am.

Arrival in **Florence** city centre, lunch on your own and around 3.00 pm **half day guided visit of the city** with a local bilingual tour guide.

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**Firenze:** In a valley on the banks of the River Arno and set among low hills covered with olive groves and vineyards, Florence is immediately captivating. Cradle of the Renaissance and home of Machiavelli, Michelangelo and the Medici, the city seems unfairly burdened with art, culture and history.

Leisure and shopping time in downtown.

Final transfer around 6.00 pm to the hotel *Tuscany Inn*, in **Montecatini Terme**, nice SPA town close to Florence, check-in, dinner and overnight.

#### **DAY 7 – Thursday, 30<sup>th</sup> July 2009 - Pisa / Friendly match**

After breakfast around 9.00 am transfer to **Pisa** for an **half day guided visit of the city at 10.30 am** with a local bilingual tour guide.

At the end, time to relax and to have lunch on your own.



**Pisa:** once, in briefly, a maritime power to rival Genoa and Venice, Pisa now draws its fame from an architectural project gone terribly wrong: its Leaning Tower. But the city offers quite a deal more: indeed the tower is only one element of the trio of Romanesque beauties astride the green carpet of Campo dei Miracoli – along with Piazza San Marco in Venice one of Italy's most memorable squares.

Some free time at your disposal and around 3.00 pm transfer to a local sport centre to play your **2<sup>nd</sup> friendly match** for both your girl teams vs. two Italian volleyball teams;

At 5.00 pm **Eclipse Volleyball Club vs. Volley Aglianese** will start.



Around 8.00 pm end of matches and return to the hotel in time for a late dinner (around 9.00 pm) and overnight.

#### **DAY 8 – Friday, 31<sup>st</sup> July 2009 - Tuscany coast / free time on the beaches**

After breakfast, day at your disposal **to relax** on the **sandy and sunny beaches of Tuscany's coast**. At the end of the day, transfer back to the hotel, dinner and overnight.



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**DAY 9 – Saturday, 01<sup>st</sup> August 2009 -  
Rome free time / Friendly Match**

After breakfast, departure to **Rome** around 9.00 am, then transfer to the ..... for the check-in. Time to relax and to have lunch. After lunch, some free time at your disposal to spend in the city going shopping or among several Italian shops.



In the afternoon, departure around 3.30 pm transfer to a local sport centre to play your **3<sup>rd</sup> friendly match vs. local Italian teams** for both your teams;

At 5.00 pm **Eclipse Volleyball Club vs. Sporting Pavona** will begin.

At the end, possibility to have a dinner offered by the local club, then return to your hotel to overnight.

**DAY 10 – Sunday, 02<sup>nd</sup> August 2009 -  
Guided visit of Rome / Friendly match**

Breakfast and transfer around 9.15 am to **Rome downtown** for a **guided visit of the city at 10.00 am** with a local official bilingual tour guide including the ticket entry to the Coliseum (about 3 hours in total).



**Roma:** The Eternal City, with its ruined but still imposing monuments, through the imperial, medieval, Renaissance and Baroque periods and beyond, has undergone many transformations and has produced an archaeological archive of Western culture: you would need several lifetimes to come to grips fully with this beautiful, chaotic, fascinating and romantic city.

Lunch on your own. Then, around 3.30 pm transfer to a local seaside resort to play your **4<sup>th</sup> friendly match** on the sand for both your girl teams vs. local Italian girl teams;

**Eclipse Volleyball Club vs. Apd Nautilus** will start around 5.00 pm.



At the end of matches, socializing moment with opposite teams in a local restaurant close to the seaside resort.

At the end, return back to your hotel and overnight.

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## DAY 11 – Monday, 03<sup>rd</sup> August 2009 - Sorrento

Breakfast and around 9.30/ 10.00 am departure to **Sorrento**, in the southern part of Italy.



**Sorrento**: a small and quaint city in Campania. The town overlooks the bay of Naples, as the key place of the Sorrentine Peninsula, and many viewpoints in the city allow sight of Naples itself (visible across the bay), Vesuvius and the island of Capri.

Arrival in Sorrento and check-in at your *Hotel* .....

Lunch on your own and free time at your disposal to explore the city with its beautiful and famous seafront.

Return back to the hotel, dinner and overnight.

## DAY 12 – Tuesday, 04<sup>th</sup> August 2009 - Capri Island excursion

Breakfast and meeting with the local tour guide at the hotel around 7.45 am, then transfer by foot from your hotel to the harbour of Sorrento (about 10-15 min. by foot). Transfer to the **Island of Capri** by boat. Boat's departure at 8.45 am (transfer of about 20 minutes).

Downtown guided visit and some free time at your disposal to explore the city centre. Private minibus to visit the high part of Capri, called Anacapri, and possibility to discover Museums and ancient villas (tickets to buy on-site).

Free time for the lunch on your own and possibility in the afternoon to circumnavigate the island to have a bath, stop on the island's beaches or discover the famous Blue Grotto. The local tour guide will give you all the information you need to do these

activities. At the end of the afternoon, return back to Sorrento by boat. The last departure to Sorrento is planned at 6.30 pm. The whole excursion will last about 7 hours long.



**Capri**: is an Italian island off the Sorrentine Peninsula, on the south side of the Gulf of Naples. It has been a resort since the time of the Roman Republic.

Features of the island are the Marina Piccola (Small Harbor), the Belvedere of Tragara, which is a high panoramic promenade lined with villas, the limestone masses called Sea Stacks that stand out of the sea (the Faraglioni), Anacapri, the Blue Grotto (Grotta Azzurra), and the ruins of the Imperial Roman villas.

At the end of the day, return back by boat departing at 6.30 pm from Capri to Sorrento and arrival at your hotel around 7.15 pm for dinner and overnight.

## DAY 13 – Wednesday, 05<sup>th</sup> August 2009 - Departure

After Breakfast, check-out hotel and departure around 8.00 am to Rome Fiumicino to get your flight 549 British Airways back home leaving at 1.35 pm. End of services.

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# Information

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## Main Distances:

*Milan Malpensa – Como Lake* (approx. 1,5 hours by coach transp.)

*Como – Venice* (3,5 - 4 hours by coach transp.)

*Venice - Tuscany* (about 3 hours by coach transp.)

*Tuscany – Rome* (about 3,5 hours by coach transport)

*Rome – Sorrento* (about 2,5 - 3 hours by coach transport)

*Sorrento – Rome Fiumicino* (approx 3 hours by coach transport)

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## Arrival & Departure:

### British Airways



### Departure: 24<sup>th</sup> July 2009

- Chicago (ORD) – London Heathrow (LHR) BA 294 flight  
7.15 pm – 9.20 am +1

### 25<sup>th</sup> July 2009

- London Heathrow – Milan Malpensa BA 576 flight 11.15 am - 2.15 pm

### Return: 05<sup>th</sup> August 2009

- Rome Fiumicino – London Heathrow BA 549 flight 1.35 pm – 3.20 pm

London Heathrow – Chicago (ORD) BA 299 flight 5.50 pm – 8.05 pm + 1

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## CONTACTS:

Your full time Bilingual Tour Manager:

Ms. ....

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